

HARVEST APPEAL



Help by donating an item or two from our shopping list to support people facing hardship.

SHOPPING LIST TOP TEN ITEMS

- Mixed Beans
- Pasta Sauce
- Tinned Fish
- Tinned Fruit
- Noodles
- Jam
- Tinned vegetable Soup
- Small Jars of Coffee
- Packet Ready Meals
- Sweet and savoury Snacks

*Don't forget...
You can help transform more lives
with a financial donation too.*

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North Enfield Foodbank

nortenfield.foodbank.org.uk

Registered Charity in England & Wales (1195422)



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