





PLEASE USE HASHTAG **#ADLENTCALENDAR** TO SPREAD THE WORD

2 March			
Carrier Bags	Jam	Savoury Snacks	Tinned Fish
01 <b>Soup</b> 05	O2 Jars, Tins or Pouches of Baby Food O6	03 Non-Bio Laundry Powder 07	O4 Shower Gel
<b>Shampoo</b> 09	<b>Toothbrushes</b> 10	<b>Deodorant</b>	Tinned Mixed Beans
Tinned Spaghetti Hoops 13	<b>Tinned Tomatoes</b> 14	Honey, Marmalade 15	<b>Tinned Puddings</b> 16
<b>Custard</b> 17	<b>Tea Bags</b> 18	<b>Coffee</b> 19	Hot Chocolate 20
<b>Tinned Meat</b> 21	Tinned Vegetables 22	Nappies 23	<b>Rice</b> 24
Long Life Milk 25	<b>Baby Wipes</b> 26	<b>Tinned Fruit</b> 27	<b>Toilet Paper</b> 28
Hand Wash 29	Baked Beans 30	<b>Biscuits</b> 31	<b>Tinned Fish</b> 32
Long Life Fruit Juice or Squash <sub>33</sub>	Pasta Sauce 34	Washing Up Liquid 35	<b>Chocolate</b> 36
Long Life Ready Meals 37	Noodles 38	Savoury Snacks 39	_16 April Carrier Bags 40

Please deliver all the food to our address: North Enfield Foodbank, Jubilee Central, 2 Lumina Way, Enfield, EN1 1FS Tuesdays, Thursdays and Saturdays 11am – 3pm

www.northenfield.foodbank.org.uk/ info@northenfield.foodbank.org.uk 07826 542 119



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